

ACTIVITY REPORT

2022-2023





Dear Friends of Mission: Restore,

Thank you for your generous support over the years.

As we are sure you are aware, the Covid-19 pandemic has been a challenge for us, as it has been to everyone across the globe. In order to continue our efforts to provide medical care abroad, over the past few years, Mission: Restore pivoted to virtual consultations with partner surgeons in our network. In addition to virtual education, we were able to provide grants to partners in East Africa to receive additional training and we were also able to participate in surgical conferences to better enhance building surgical capacity.

We are pleased to announce that we are planning our next in-person training for the summer of 2024 where we plan to continue to build upon our successes. We are currently considering several countries to host our 2024 Regional Training, including Kenya, Rwanda, Egypt, Ukraine and Ethiopia.

As we plan for our next Regional Training, I ask you to help us make 2024 our brightest year yet.

Let's Operate Together!

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Kaveh Alizadeh, MD, MSc, FACS Mission: Restore Founder & Chairman







Or visit: bit.ly/42dEWut

LEADERS ACROSS BORDERS

Dr. Kaveh Alizadeh shares his personal experience at the YPO Leaders Across Borders conference in 2019. Watch now as he shares his personal journey between his childhood experiences and his calling to train doctors and save lives where there is conflict, war and trauma.

OUR HISTORY

In 1993, Mission: Restore co-founder and Chair, Dr. Kaveh Alizadeh began his volunteer work in Afghan refugee camps. It was a lifechanging experience for him and since then, he has participated in volunteer missions each year, traveling all over the world including Central America, South America, the Middle East, and Asia. In 2009, Dr. Alizadeh's humanitarian volunteer work earned him the



prestigious Ellis Island Medal of Honor. After over a decade of volunteering with organizations that only delivered surgeries on location with limited follow-up, Dr. Alizadeh sought out to create a more sustainable solution. In 2010, he recruited a group of physicians and founded a new kind of surgical non-profit organization that focused on the most costeffective and impactful way to create long-term sustainable change through education. The result was Mission: Restore, a 501c(3) non-profit that provides local surgeons the knowledge, skills, and support needed to treat patients in communities around the world.



MISSIONS UNDERTAKEN

Since its inception, Mission: Restore has taught and provided medical care to people in various countries around the world. So far, our mission trips have taken us to:

- 2010 Haiti, Dominican Republic
- 2011 Afghanistan
- 2012 Israel
- 2013 Myanmar (Burma)
- 2013 Haiti
- 2014 Tanzania
- 2015 Kenya, Tanzania, Zanzibar, TZ
- 2016 Kenya, Zanzibar, TZ
- 2017 Kenya, Zanzibar, TZ
- 2018 Uganda
- 2019 Ethiopia, Kenya
- 2021 Kosovo

In each of these countries, we have performed surgical procedures and trained the next generation of local surgeons to perform the latest reconstructive surgical techniques. Our work has helped facilitate growth of sustainable medical care in communities where resources are limited.



WHAT WE DO



Surgical Training Visits

The surgeons who volunteer with Mission: Restore visit various countries where they provide hands-on training and education to develop the skillset neccessary for local doctors and surgeons to perform life-changing surgical procedures.



Surgical Education Grants

We provide surgical education grants to assist in supporting promising, young, community-minded doctors to start and continue their plastic and reconstructive surgery training.



Telemedicine

Mission: Restore provides ongoing remote virtual consultations, mentoring and monitoring of outcomes where surgeons learn from mentors abroad.



Regional Trainings

Mission: Restore organizes multi-day workshops in local communities where surgeons are able to come together to learn the latest surgical methods and expand their professional network.



Dr. Kaveh Alizadeh lectures at the Africa Regional Training Conference



Dr. Kaveh Alizadeh providing telemedicine mentorship.



IMPACT

With Mission: Restore's volunteer physicians and the assistance of generous contributors and organizations, we have been able to make an incredible impact on the world through medical training.

To date, Mission: Restore has been able to make the following impact:

- Surgeons Trained: 300
- Complex surgeries performed: 1,000
- Telemedicine consultations: 1,500
- Hours of hands-on trainings: 2,500

Mission: Restore's goal is to continue to innovate and improve lives throughout the world by expanding the capacity of surgeons around the world to perform surgical procedures. Your contribution helps us reach our goal.

"We have only <u>TWO</u> qualified reconstructive surgeons in Malawi serving a population of 17 million people. I am the lone surgeon in my hospital and have to deal with setting up a unit without a mentor. Mission: Restore has provided me with a platform to network, share, and learn different perspectives, exchange knowledge and ideas on how to keep building."

> Dr. Wone Banda, Malawi





RECENT ACTIVITIES

Some of our recent activities are as follows:

- Supporting Dr. Philip Makoye of Tanzania to pursue his MSc in Plastic Surgery for his final year of study.
- In-person training with Dr. Alizadeh for Dr. Metasebia Abebe from Ethiopia. Dr. Abebe visited New York City in part to learn more from Dr. Alizadeh on some of the latest surgical techniques.



"Thank you Mission: Restore for supporting me in my studies. I am looking forward to continue working with Mission: Restore as a Plastic Surgeon in Tanzania"

> Dr. Philip Makoye, Tanzania



THE FUTURE

We are currently planning our next in-person training in summer 2024, where we will continue to build upon our successes. Mission: Restore is considering several countries to host the next Regional Training, including Kenya, Rwanda, Egypt, Ukraine and Ethiopia. We continue to look for more opportunities to host future regional training and hospitalbased trainings.

As we move into 2024, Mission: Restore has conceptualized new programs to help expand our impact.

Our goal is to implement these programs in the coming years.

Future programs are as follows:

MISSION: RESTORE INCUBATOR Burn and Reconstructive Training Unit within a Public Sector Hospital

MISSON: RESTORE MENTOR Negotiation skills with hospitals, vendors, and doctors

MISSION: RESTORE FINANCER Partnerships to provide loans to help start parallel practices





MISSION: RESTORE IN ACTION

























2023 - 2030 VISION

CSI Case for you!



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Mission: Restore has significant goals that can help impact the world in the future. The following are the goals we set out to achieve by 2030.

- Train 1,000 surgeons on the latest surgical techniques--through in-person trainings, telemedicine mentorships and our train-the-trainer model
- Successfully perform 5,000 complex surgeries globally through Mission: Restore and the doctors who receive training
- Complete 7,500 hours of hands-on training
- Triple the number of telemedicine consultations to 4,500

"Thank you for your support. Together, we can help change lives around the globe, one procedure at a time. Your generosity can help us achieve our goal to **Operate Together.**"

> Dr. Kaveh Alizadeh, Executive Director





MISSION: RESTORE

Contact Us. 120 E. 87th St., Ste. P4B New York, NY 10128 917-677-5514 info@missionrestore.org

missionrestore.org

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